

SignPost

STOCKPORT FOR CARERS

Signpost Carers Bulletin - No.2, June 22

What's new for Signpost?

We were super excited to welcome guests to the opening of Annie's Cafe at the beginning of June. Annie (2nd from right) is a former carer and current Signpost volunteer who knows just how important it is to meet and mingle with other carers. The monthly cafe, held in the basement of the Heaton Centre, is an opportunity for carers and former carers to come together, over the most fantastic selection of tea and cakes. Open on the 1st Monday of each month, 11am-2pm. We would love to see you there.



Signpost Open Evening

Tuesday 21st June, 6pm - 9pm
The Heaton Centre
All welcome



- Refreshments available to purchase from 'Annie's café', including wine and soft drinks
- Discover the building - its history and its ambitions!
- View our carers artwork and talk to the artists about their inspirations

Email bookings@signpostforcarers.org.uk or call us on 0161 442 0442 to book your space

If you are a creative carer and would like to show your work on the night, please email julia@signpostforcarers.org.uk

What's on for adult carers in June/July

Basic First Aid for Carers
Looking After Your Back
Canal Boat trips
Pakistani Punjabi Cooking
Caring and Communication
How Telecare can help you

Find out more and book your place!
www.signpostforcarers.org.uk/events
or follow us on social media

Weston Charity Award for Signpost



Weston Charity
AWARDS

We are absolutely delighted to share that Signpost Stockport for Carers has won a Weston Charity Award. The award gives our charity the chance to invest in our future with ten months of strategic planning support from a dedicated team of four business experts, thanks to pro bono charity Pilotlight and a core grant of £6,500 from the Garfield Weston Foundation. which will support our Moneywise work. We couldn't deliver our work without grants and donations and are grateful for every penny.

Support for Dementia Carers

Did you know that one of our team is seconded to Stockport's Memory Assessment Service? Jennie offers expert support and information and regularly runs 'Learning more about dementia' courses. The next course starts on Wednesday 15th June and runs for three consecutive Wednesday evenings at the Heaton Centre from 7-8.30pm. To find out more or sign-up to the course, email stockportdementiacaretraining@nhs.net or call Casey Staunton on 0161 716 4505.

Join our team

Following some internal promotions, we're currently recruiting for an office and admin support worker. This is a full time position, but open to job share. The role will be varied and interesting, based primarily in our Heaton Moor office alongside a fabulous team!

For more info go to www.signpostforcarers.org.uk/vacancies

We love it when visitors to Signpost take a moment to relax on our benches!



Contact us

Signpost supports carers regardless of the age or condition of the carer or the cared for. We have a wide range of support and services available, and are always keen to hear from you. Get in touch through social media, call us on 0161 442 0442 or by email - info@signpostforcarers.org.uk. You can even post on the bulletin board on our website!